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THE WORLD OF NUMEROLOGY AND HEALING CRYSTALS

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## The Numerical Characters



Now, isn't it nice to be one of „the ones“?

Even without the little pun, Ones are especially creative people with a multitude of talents.

A „One“ will never accept a „No!“ and the term “impossible” is not even part of his vocabulary!

No matter the circumstances, they will always find a way out of an unfortunate situation and they always manage to finish what they have started.

*Well aware of their many talents, Ones are always on the move, constantly looking for new ideas and challenges, which they will approach with great creativity.*

Routine, on the other hand, is usually considered very boring and often neglected, as they are powered by challenge and obstacles.

A one who is ready for action is almost impossible to stop, especially since they easily feel repressed or pushed back. Should this be the case, they may end up throwing in the towel and walking away from it all!

Even if it is not always easy, it is best to let a One do things his way and hope for the best.

And I can assure you, in 99% of all cases he or she will succeed!

### *Problems and Difficulties*

„ Ones“ are highly aware of themselves, but the picture they carry in mind may vary from absolutely superior to self-conscious within just seconds. It is not always easy for the people in their environment to understand



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their unstable behavior and their egoistic and aggressive moments. Ones should try to accept themselves as “holistic” characters with good and bad sides, and learn to like themselves nevertheless.

However, this includes taking responsibility for their mistakes and the way they treat the people around them.

Another thing that is not always easy for Ones is focusing on what really matters at the moment. They are easily distracted and hindered by their fear of making mistakes.

Here again, they should keep in mind that nobody is perfect and that you can never succeed if you do not even try.

*“One” piece of advice:*

Working on your own is fine, as long as you know what you are doing and the job you are doing allows for this kind of freedom. This method comes naturally to you and will usually help you succeed.

If this is not possible, you should try and listen to all the ideas and views your colleagues may have.

Think them over well before you reject them. They are not meant to contradict *you* as a person, even if they contradict the way you would have approached the job.

(.....)



## *Your Year - Numerology for the Future*

Once you know the birthdate of a person, you can find out what a certain year may bring for this individual in one single step.

This yearly numerological horoscope can help you find out what a certain year may have up its sleeve for you.

Just like classic astrology, numerology can also show certain tendencies for the year itself, as well as for the person trying to find out a little more about his or her future.

For a basic reading regarding a certain year, all you have to do is work out the checksum of the respective year.

If you want to know what the same year has in mind for you personally, just combine this with your birthdate (day and month only!)

Example:

Year: 2017:

$$\rightarrow 2 + 0 + 1 + 7 = 10$$

$$\rightarrow 1 + 0 = 1$$

$\rightarrow$  The digit of the year is 1.

Your personal forecast for 2017:

Your **birthday** + **birthmonth** + 2017

Example: You are born on 10 August.

The year you want to know more about is 2012.

$$\rightarrow 1 + 0 + 0 + 8 + 2 + 0 + 1 + 2 = 14$$

$$\rightarrow 1 + 4 = 5$$

$\rightarrow$  Your personal horoscope digit for 2012 is 5!



### Your go now!

23rd February  
year: 2003

.....

15th March  
year: 2002

.....

02nd June  
year: 2004

.....

Solution: ..(.....)

It is up to you whether or not you would like to apply this method to the calendar year (starting with January 1<sup>st</sup>), or to your personal year (starting with your birthdate).

Both methods are possible and equally used.

Just like many a spiritual technique, it is your inner voice you should listen to.

Example :



The One is a good year for changes!

Alter or get rid of the things, which keep restricting you, and venture out to follow your dreams!

Mind you, though: Although this year is a quasi-invitation for a new start, it is by no means a charter for premature or hasty action.

Whatever changes you have in mind, made sure you plan your moves well before you rush into a situation you may later regret. (.....)



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The past year has lead to a lot of changes, so now it is time for reorientation.

Reinvent yourself and use this year to make the necessary preparations for all the new goals and the plans you may want to make. This year your ideas could, and should, set standards and point the way to an innovative and successful future!

However, it is not yet the time to put the plans into action! Careful and thorough preparation and examination of your ideas and chances are enevitable, if you are aiming for success!

It is a perfect time for meeting new people and making contacts, whose knowledge and experience might come in handy when you finally put things into practice!

(.....)

## *Numerology in your Cards*

Once you have learned how to work out your personal Digit of your life, you can easily adapt the system when you work with your Lenormand-style oracle cards.

Unlike many other decks, such as skat or gipsy cards, the Lenormand cards are consecutively numbered, which makes them ideal for the art of numerology.

As we have a collection of 36 cards, we have to distinguish between two different numbers:... (.....).



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Example.....

Your go now:

- a) Birthdate: 16 May 1961
- b) 22 June 1958
- c) 01 January 1976
- d) 29 July 1979

Solution:....(.....)



Q: I understand I am a Six.

According to the first chapter, this means that I am a caring parent, a perfect housewife and enjoy making my home cozy and comfortable.

Logically, I am also a Six when it comes to my True Self in the cards, but, because No 6 is "Clouds", I am said to be confused, a bit of an egg-head and prone to migraines.

I feel this is a bit of a contradiction.

Am I wrong?

A: You are right. You are a Six and therefore both these descriptions apply to you.

But, although they may describe different aspects of your personality, they may very well go together.

Think again; Aren't you so happy at home, because this is the place that mirrors your soul?

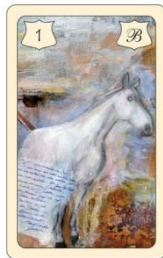
The place where your personal type of tidiness rules, where you can have peace and quiet and can keep confusion and hectic at bay?

(.....)



## Your Personality in the Cards

### 1 Rider



- ✚ **General Features:** All kinds of conversations and contacts
- ✚ **Health:** Fear of contacts, bronchi, sociophobia, sore throat, speech impediments
- ✚ **Characteristics:** sporty, fit, open-minded, jumpy, mercurial, talkative, gregarious
- ✚ **Profession:** Professions to do with language, such as teacher, translator, writer, speaker...
- ✚ **Animals:** Horse, Pony, equides, big game, cattle
- ✚ **Sign of the Zodiac:** Gemini
- ✚ **Chakra:** Throat Chakra
- ✚ **Healing Crystal/Gemstone:** Beryll, aquamarine

Riders are gregarious people and natural communicators.

They are good company and fun to hang out with.

They enjoy long conversations, be it in person, over the phone, vial email or internet-forums and chatrooms.

Although they love being with people, they are sometimes difficult to catch, as they seem to be constantly on the move.

Also, their unquenchable thirst for knowledge makes it hard to see the fine line between chatting and gossiping.

Fun-motto: "I'm not bad-mouthing, I am informing!"

(.....)





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## *Your Daily Oracle Card*

Use your cards to take a quick look at the dawning new day in the morning, and use the energies and vibes to avoid trouble or misunderstandings, or put your plans and ideas into action!

.(.....)

## *Special Cards at a Glance*

On the following pages you will find a synoptical table to give you a quick overview of the different meanings of your Lenormand Cards.

All your Time – and Future-Cards at one glance!

(.....)

## *The Power of Healing Crystals*

Healing Crystals are semi-precious stones, whose characteristic frequencies (also known as „vibrations“) have a positive influence on our mental and physical states.

As the vibrations of two characters always adapt to and influence each other, it is important to “clean” or purify the crystals from time to time, preferably before and after every use.



This can be done by keeping them in a “bed” of rock crystal pebbles, or (for some stones) in a jar of sea-salt.

(.....)

### *Cairngorm (Smoky Quartz):*



The cairngorm has been around as a healing stone since ancient Roman times.

Interestingly, this strong protective stone was used not only in the household, but also in connection with the planning of wars and other battles!

(.....)

### *Rose Quartz:*



The rose quartz is perhaps one of the most versatile and peaceful crystal ever to be discovered.

I keep a quartz mat on my desk and can only recommend this to you, as it is a very soothing stone for computer-strained eyes.

Although some people claim that the positive influence on the eyes is due to turning your eyes at the stone and back at the screen, which



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moistens your eyes by blinking, rather than the positive vibrations, I should say that this is not really an argument against the stone.

In my opinion, (.....)

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One word of warning:

The rose quartz is a very friendly stone, which opens your heart and fills you with positive emotions, understanding and sympathy for your fellow beings.

Very soft-hearted people should therefore refrain from wearing it as a jewel, as it might make you “too soft” and practically invite other people from walking all over you.

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(.....)